

## **Revive Your Soul through Quiet Time Psalm 1**

**01**

### **Essential Mandate #3**

Living a life worthy of The Lord involves consistently growing in Him by being with Him in devotion, Bible reading, and prayer.

**05**

### **Tech and Time with God**

- It is NOT Sinful
- It CANNOT be a Substitute

**02**

### **A Blessed Life Now...**

- Cannot be Lived in Certain Places v. 1
- Delights in, and is Directed by God's Word v. 2
- Is just that...Blessed v. 3
- Is the only way to your Best Life Later v. 4-6

**06**

### **What do I need?**

- Time
- Place
- Bible & Plan
- Journal
- Prayer List

**03**

### **What does it involve?**

- Prayer
- Scripture study
- Meditation/Worship
- Prayer

**07**

### **What should I do?**

- Prayer of preparation
- Engage Scripture
- Think/Reflect/Meditate
- Write
- Prayer/Commitment

**04**

### **What about Tech?**

- Verse of the day texts
- Daily devotion apps
- Audio scripture
- Podcasts of sermons/devotions
- Encouraging group texts

**08**

### **S.O.A.P**

Scripture  
Observations  
Application  
Prayer